

IMAGINE FLOAT

IMMUNITY



STRENGTHEN DEFENSES, PROMOTE WELLNESS

At Imagine Float, we wholeheartedly believe in the foundational role a strong immune system plays in our overall wellness. Life inevitably brings its challenges, and by equipping ourselves to navigate these bumps in the road, we significantly improve our prospects for health and vitality. By integrating one or more of the following therapies into your routine, we can help ensure that you remain resilient through all of life's seasons.

Float Therapy
Cryotherapy

Infrared Sauna
Heart Rate Variability Testing
BrainTap

Ballancer® Pro
BioCharger

Our services and advice are not intended to be a substitute for professional medical advice, diagnosis, or treatment. A number of our services are not evaluated and/or approved by the FDA. We are not, nor do we claim to be, medical professionals and our therapies can not guarantee results. Always seek the advice of your physician or other qualified health provider with any questions you may have regarding a medical condition.

Our EMSCULPT NEO service is specifically managed and performed by our Medical Director, Dr. Kirsten Kerrigan, or RN following Dr. Kerrigan's guidance.

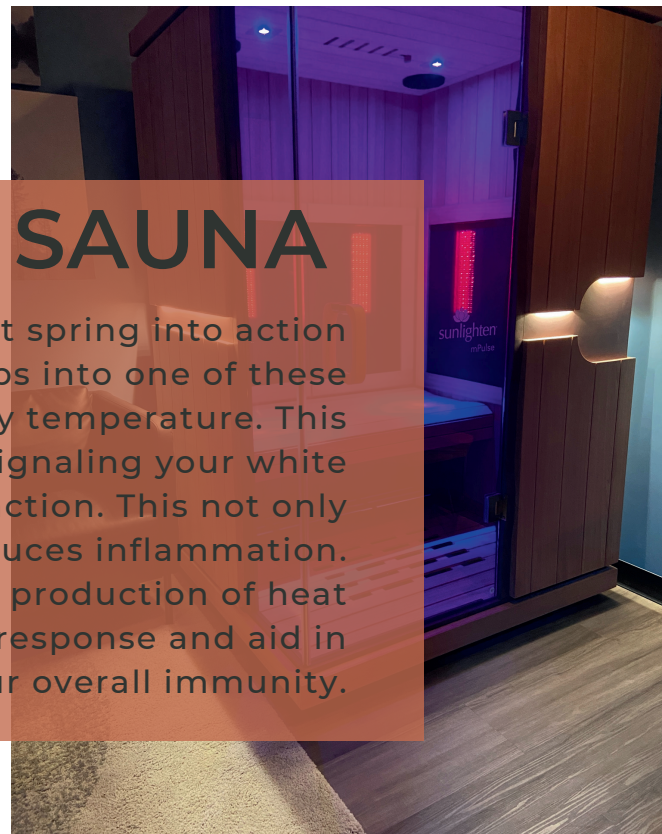


BALLANCER® PRO

Our Ballancer® Pro system is a cornerstone for immune health, targeting the lymphatic system which plays a pivotal role in immune function. The lymphatic system acts as your body's internal "clean-up crew," managing waste and toxins. When your lymphatic system is overwhelmed, your risk of illness increases. The Ballancer® Pro aids this system, enhancing the flow and efficiency of lymph transport. Regular sessions can prevent lymph congestion, reduce chronic inflammation, and ultimately support robust immune health. By massaging the abdominal area, it also promotes gut health, crucial since about 70% of the immune system resides in the gut.

INFRARED SAUNA

Your body has natural defense mechanisms that spring into action when under threat. Our infrared sauna taps into one of these defenses—fever—by gently raising your core body temperature. This simulated fever activates your immune system, signaling your white blood cells and other defenders to spring into action. This not only helps combat potential viruses but also reduces inflammation. Additionally, the sauna's heat stimulates the production of heat shock proteins, which boost your immune response and aid in cellular repair, enhancing your overall immunity.



BIOCHARGER NG

The BioCharger harnesses the power of light, frequencies, and electromagnetic fields to boost your body's natural defenses. It mimics the beneficial effects of natural sunlight, promoting vitamin D production and supporting your mood and circadian rhythms—all essential for a strong immune system. The BioCharger's specific frequencies and harmonics stimulate your body's healing processes, boosting cellular energy crucial for immune health. Plus, its Pulsed Electromagnetic Fields (PEMF) encourage cellular repair and regeneration, potentially helping the body to more effectively respond to pathogens.

WHOLE BODY CRYOTHERAPY

Whole body cryotherapy utilizes extreme cold to trigger hormesis, a biological phenomenon where a mild stressor boosts overall health and resilience. This brief exposure to cold may enhance the immune response by increasing white blood cell count and antioxidant levels, preparing the body to fight infections more effectively. It's a modern take on the age-old practice of using natural elements to stimulate the body's own healing capabilities.

FLOAT THERAPY

Float therapy offers profound relaxation, reducing the levels of stress hormones that can weaken the immune system. The serene environment of the float cabin helps lower cortisol and adrenaline levels, facilitating a shift from stress to tranquility. This reduction in stress hormones bolsters your immune system's ability to defend against pathogens. Additionally, the high magnesium content in the float cabins plays a critical role in numerous biochemical reactions in the body, including those that strengthen the immune system.

HEART RATE VARIABILITY

Heart Rate Variability (HRV) testing provides crucial insights into your overall well-being, including the health of your immune system. By analyzing HRV data, we can identify stress patterns that may be silently compromising your immune health. This understanding allows for targeted lifestyle adjustments to bolster your immune resilience and promote longevity.

BRAIN TAP

Chronic stress can suppress the immune system by increasing the production of cortisol, a hormone that reduces the efficacy of immune cells. BrainTap sessions help reduce stress by guiding the user into deep relaxation, thus lowering cortisol levels and supporting the immune system's ability to respond more effectively to pathogens. Sleep is also critical for immune function. BrainTap's guided meditations and brainwave entrainment technology help can help improve sleep quality, allowing the body to repair and regenerate immune cells more effectively during rest ultimately boosting your immune system.